

Welcome to European College of QINopractic Medicine and
The Swedish Chiropractic and Rehab clinic's course in PSYCH-K

Stockholm January 2018

This is the basic PSYCH-K course for people who want to help in transforming self-limiting beliefs into self-enhancing ones! Or if you want to help others to transform their lives. It is our limiting beliefs that often determine the limits of what we can achieve in life.

These wonderful, but intense, 2 days focuses on personal development and an opportunity to create changes on a profound subconscious level. Might just be the best days of your life.

Here's what you will learn in the workshop:

- How to communicate with the **subconscious mind**, using **muscle testing**
- Two different processes for changing subconscious beliefs, i.e., the **New Direction Balance**, and the **Resolution Balance**.
- A goal clarification process, called, **VAK to the Future**, that makes it easier for the subconscious mind to better understand and assist you in achieving your goals.
- How to **create well-formed, and compelling goal statements** to enhance any area of your life.
- Differences between the **subconscious, conscious, and superconscious mind**, and the role of each in changing limiting beliefs.
- How to **facilitate belief changes with yourself and others**.

You will learn to work with what drives us towards or from success, how can we achieve success on all levels, what prevents us from healing or getting stuck in our old pattern, habits. Can we start the change in the middle?

“Your Beliefs become your Thoughts,
Your Thoughts become your Words,
Your Words become your Actions,
Your Actions become your Habits,
Your Habits become your Values,
Your Values become your Destiny.”

Can we start the change (in our stuck patterns/negative thoughts) in the middle?
With Habits? Will that be long-lasting? Or Action, by starting to work-out?

Our body is designed for healing, but there are factors that prevent healing from taking place as well. In our bodies, this takes place or not on a subconscious part of the brain. During these days you will learn the method that Dr. Bruce Lipton recommends for change on the subconscious plane - PSYCH-K ...

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We are a self-healing mechanism, and healing always occurs in our bodies. The healing of our body takes place on the subconscious part of the brain (besides managing the everlasting fighting against viruses, bacteria, fungus, digest food, cleansing/filtering the blood, oxygenating the body, regulating pH balance, and so on), but unfortunately, it can also hinder prevent healing from taking place. Blocked, or stuck negative energy can express itself in the form of depression, anxiety, distress or prevent you from experience love, happiness and success, but it can also manifest itself as physical pain or heal from an illness.

Body and Soul are integrated.

To release these blockages is a prerequisite for the body and mind to be able to heal.

Different brain waves :

According to neuro-science research, we have four different brain waves: Delta, Theta, Alpha, and Beta. The first two are active in the subconscious part of the brain, the part that 99% of our capacity (and everyday life) is located. This part of the brain controls: blood pressure, which enzymes breaks down your breakfast, filters the blood via your liver and kidney, regulates pH-levels, and so on. This is also here healing takes place.

Unfortunately, it is also here that 99% of our fears, "truths about ourselves", stuck patterns are located, These "blockages" or "truths" about us and our limitations prevent us from reaching our full potential.

These days we will learn how we can release these blockages/"truths" and to open up our senses and mind to live life to the fullest.

("Don't wish for fewer problems - wish for more skills").

Contents:

PSYCH-K, Kinesiological Muscle Testing, Applied, Physiological and Neurological Kinesiology, Biology, Psychology, Theory, and Hands-on treatment.

Treatment Techniques: PSYCH-K

Course length: 2 days (9-15,30)

Requirements: None

Do it – expect miracles

Course: PSYCH-K
Venue: Svenska Skolan, Los Cristianos, Tenerife, Spain
Course: Date: 29-30 March
Dress code: Optional but there are many practical moments
Language: English, but I am Swedish, so I can help you..)
Course fee: £ 260 Including the cost for the venue and VAT

The course fee includes: course material, refreshments, snacks (and candy☺) served during these days. Lunch not included.

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If you have any questions, please mail me at Mike@scrc.guru or call +44 20 3287 8132 (UK)
or +46 707 99 66 36 (Sweden)

See you at the start of the course!

To register: send me an email to mike@scrc.guru and then we go from there.

Sincerely,

Dr Mike Dahlstrom

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Cancellation Policy:

The registration fee (100 £/€) is mandatory, this part is non-refundable for cancellations later than 10 days after registration.

Cancellation period:	Registration fee:	Course fee:
More than 5 weeks to start:	Non-refundable	100 % Refundable
3-5 weeks to start:	Non-refundable	50 % Refundable
Less than 3 weeks to start:	Non-refundable	Non-refundable